

WHAT IS MEDIATION?

Mediation is a voluntary, confidential way to resolve conflict!

With the help of a neutral mediator, Mediation:

1 Gives **VOICE** for people to be heard

Provides **OPPORTUNITY** to understand each other and transform relationships

3 **EMPOWERS** people to create their own solutions to conflict

CONTACT US



Everyone can use mediation and anyone can become a mediator!

To request mediation, make a referral, or request a workshop or presentation:

**Call (240) 766 - 5311
or email**

info@communitymediationdc.org

**Monday - Sunday
8am - 8pm**



**GOT
CONFLICT?
TRY MEDIATION!**

(240) 766 - 5311
communitymediationDC.org

CONFLICTS THAT CAN BE MEDIATED

- ✓ Neighborhood disputes
- ✓ Interpersonal differences
- ✓ Employment Issues
- ✓ Family conflicts
- ✓ Roommate/Housemate challenges
- ✓ School disputes
- ✓ Other Difficult Conversations

CMDC ALSO ASSISTS WITH

- ✓ Collaborative planning and problem solving for co-parents and guardians
- ✓ Collaborative planning and problem-solving for Justice-Involved individuals and family members or other support people*

*Re-entry mediations are offered at the DC Jail and for returning citizens throughout DC

ADDITIONAL SERVICES

Conflict Management Workshops



Large Group Facilitation



Basic Mediation Training



WHO WE ARE

Community Mediation DC is a city-wide movement committed to building strong, peaceful communities. We empower DC residents through free mediation and education services.

Our goal is to help you untangle yourself from conflict!

